

THE
SCARISBRICK
OUTDOOR CHALLENGE
BADGE



About Scarisbrick Guide Campsite

Our Outdoor Challenge has been created to celebrate the 50th birthday of Scarisbrick Guide campsite.

In 1965 the Guiding County of South West Lancashire procured the land but the campsite was not officially opened until May 1967. At that time the County covered the area now known as Merseyside and Sefton Guide counties along with the Divisions of Wigan, Warrington and Widnes.

Following County reorganisation in 1974 the newly created Guide Counties of Merseyside and Sefton jointly took over the management of the campsite. Since the early days of the site the Margaret Pilkington Hall has been built and further woodland has been purchased.

The site now has 4 campsites, each with its own solid shelter and toilet block surrounded by extensive woodland. In addition it has indoor accommodation in the Barn and Margaret Pilkington Hall.

The site is enjoyed by all sections and its indoor and outdoor facilities are available all year. Further information about the site can be found at www.scarisbrickguidecampsite.org.uk

The Outdoor Challenge

The challenge is created to be accessible to all age groups. It is split into 5 sections and we suggest that a minimum of 1 challenge from each section is completed.

Activities may be adapted to meet the needs of units and individual members. There is plenty of variety in the challenge so units, sixes and patrols can make choices as to the activities they wish to do.

The suggested number of challenges to be undertaken by each Section is as follows –

Rainbows - 5 challenges, 1 from each section

Brownies - 6-8 challenges

Guides - 8-10 challenges

Senior Section and adults - 10-12 challenges

We want this challenge to be fun whilst also challenging participants and giving them opportunity to try new activities and experiences.

The challenges can be linked to the 6 core themes in our new programme.

- Know Myself
- Express Myself
- Be Well
- Have Adventures
- Take Action
- Skills For My Future

We hope you enjoy working on the challenge.

SECTION 1 HISTORY AND TRADITIONS



- Find out how Guides camped as long ago as possible. Talk with a Leader, parent, Trefoil member etc.
- Learn how to make a tripod. (appendix 1)
- Make a traditional bedding roll. (appendix 2)



- Make a woodpile and light a fire.
- Invite somebody to tell you about Brownie or Guide holidays in the past.



- Learn how to fold and hoist colours. (appendix 3)
- Choose a holiday or camp theme. Each member of the group make a badge.
- Make a favourite camp/holiday dish.
- Lay a place setting correctly for a two course meal.
- Make a flag for your group for a holiday, camp or other event.
- Make a miniature campsite using materials such as plasticine, icing, scrap materials etc.

SECTION 2 FUN AND GAMES

- Cross a rope bridge or climb a rope ladder.(appendix 4)



- Sing 3 campfire songs new to you. (appendix 5)
 - Either help to plan an outdoor wide game or take part in one. (appendix 6)
- a) Lay a trail for others to follow or follow a trail.
 - b) Learn 5 tracking signs and play a game using them or lay or follow a tracking sign trail. (appendix 7)



- c) Hold a fashion show modelling suitable wear for various weather conditions and/or activities on a day out, holiday or camp.
 - d) Play a stalking game indoors or out. (appendix 8)
- Hold a team competition. Who can transport most water using a plastic beaker? Devise rules for the competition. Warning - play outdoors.
 - Design a game to teach outdoor skills. eg. Naming parts of a tent, country code, road safety, tree, flower or bird recognition etc
 - Complete the quiz for your section. (appendix 9)

SECTION 3 OUTDOOR SKILLS

- Prepare and cook a 2 course meal on a fire or camp stove. (appendix10)



- Help pitch and strike a tent. (appendix 11)
- Spend at least 1 night on a Guiding sleepover, holiday or camp whilst working on the challenge (at Scarisbrick if possible).
- Take part in an outdoor activity day whilst working on the challenge,(at Scarisbrick if possible).



- Toast marshmallows on a fire. (appendix 10)
- Try an adventurous activity.
- Make a favourite camp or holiday dish.
- Dress a doll in clothes suitable for a wet and/or cold outdoor activity.
- Make a healthy packed lunch to take on a day out.
- Cook on a fire without utensils. (appendix 12)
- In a group choose materials to make a shelter or den.



- Make a miniature campfire.

SECTION 4 NATURAL ENVIRONMENT

- Stay quietly in the outdoors for at least 10 minutes. Record what you see and hear.



- Plant seeds, bulbs or trees.
- Help tidy an outdoor area.
- Visit a natural environment in your locality. Talk about the natural features, plant or wildlife with an interested person. (appendix 13 for suggestions within the counties).
- Make a table decoration using natural materials. Remember not to pick wild flowers.
- Try making smoke prints. Be creative. (appendix 14)

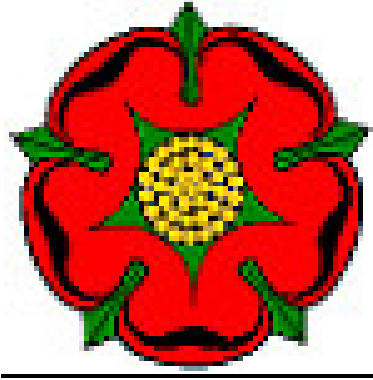


- Make a picture with leaf prints.



- Make bark rubbings of at least 5 different varieties of trees.
- Make a hapa zome design/picture (hammering natural materials for dyes). (appendix 15)
- Identify at least 5 different trees.

SECTION 5 SOUTH WEST LANCASHIRE



- Visit Scarisbrick Guide campsite in its 50th birthday year.
- Visit a place of interest in South West Lancashire.
(appendix 16)
- Research and produce a poster, leaflet, powerpoint, advertisement etc. about a place of interest in South West Lancashire
- Try a Liverpool or Lancashire dish, eg. scouse, Lancashire hot pot.(appendix 17)
- Choose materials and create a Lancashire Rose.
(appendix 18)
- Research the history of the Lancashire Rose.

BADGE ORDER FORM

Thank you for taking part in our Scarisbrick Outdoor challenge. The proceeds from the sale of badges will be used to provide new amenities on the campsite. Badges will be available until at least the end of March 2018

Contact name	
Unit	
Contact address	
e-mail phone	

I would like to order _____ badges @ £1 per badge - £_____

And include postage cost £_____ TOTAL £_____

Please make cheques payable to “**Scarisbrick Guide Campsite**” and send to:-

Scarisbrick Outdoor Challenge
8 Pinewood Avenue
Formby,
LIVERPOOL,
L37 2HY

Any queries to susan.howden@btinternet.com

Postage costs

1-5 badges – 70p
6-20 badges - £1.50
21-40 - £2
40+ - £2.50

APPENDIX

SECTION 1 - HISTORY AND TRADITIONS

1 Make a tripod

animatedknots.com/lashtripod

2 Bedding roll

guidinguk.freesevers.com/bedding-roll

3 Hoisting colours

ggsww.org.uk/wp-content/uploads/2014/flags-ceremonials.pdf

SECTION 2 - FUN AND GAMES

4 Rope ladders/bridges

Postman's bridge

pioneeringmadeeasy.co.uk/bridges/postmanbridge.html

Ladder

scoutingpioneering.com/2013/03/17/making-a-rope-ladder

5 Campfire songs

Girl guiding publication - Let's Hear it for Music Book 6568

CD 6570

6. Wide Games

scouts.org.uk/factsheets/FS315088.pdf

guidingworks.com/resources/wide/index.html

lesliesguideideas.webs.com/gamesandwidegames.htm

7 .Tracking Signs

scoutingresources.org.uk/codes/codes_tracking.html

8. Stalking Games

dragon.sleepdeprived.ca (click - Great games then wide games)

inquiry.net/outdoor/games/b-p/stalking.html

9. Quizzes

Fun ways to do the quizzes.

a) True or false

- Label the ends of the playing space true or false
Players run to their chosen answer.
- Stand up for true, sit down for false
- Players hold up true or false cards

b) Multi choice

- Label different areas of playing space A, B or C
Players run to chosen answer.
- Have 3 different physical actions for A, B and C.

c) Patrols or Sixes confer and then hold up a card or send a runner to the Leader.

d) Number members of each team. Leader calls a question, then a number. That player runs with the answer.

Rainbow Quiz - section 2, Fun and Games

1. Owls sleep at night.
2. Worms live on top of the soil.
3. Robins have red backs.
4. Badgers are black and white.
5. Baby horses are called calves.
6. Conkers come from oak trees.
7. Squirrels collect acorns to eat.
8. Most garden birds are born in Autumn.
9. The sea is salt water.
10. Sand hills are called dunes.
11. There are 3 seasons in a year.
12. Birds are covered in fur.
13. Rabbits live in burrows.
14. A female fox is called a vixen.
15. A lot of sheep together is called a herd.
16. Insects pollinate flowers.

Answers -Rainbow Quiz - section 2, Fun and Games

1. Owls sleep at night.
False
2. Worms live on top of the soil.
False
3. Robins have red backs.
False
4. Badgers are black and white.
True
5. Baby horses are called calves.
False, they are called foals.
6. Conkers come from oak trees.
False, they come from horse chestnut trees.
7. Squirrels collect acorns to eat.
True
8. Most garden birds are born in Autumn.
False, usually spring or early summer.
9. The sea is salt water.
True
10. Sand hills are called dunes.
True
11. There are 3 seasons in a year.
False
12. Birds are covered in fur.
False
13. Rabbits live in burrows.
True
14. A female fox is called a vixen.
True
15. A lot of sheep together is called a herd.
False, they are called flocks.
16. Insects pollinate flowers. **True**

BROWNIE QUIZ - Section 2, Fun and Games

1. There are seeds inside fir cones.
2. Insects pollinate flowers.
3. Weeds are called dandelions.
4. Humans can eat all berries.
5. Deciduous trees keep their leaves all year.
6. Many birds emigrate for the winter.
7. Grey squirrels hibernate.
8. Tulips are red.
9. We plant tubers to grow daffodils.
10. Owls have their eyes on the front of their faces.
11. The Great bear is a constellation.
12. The sun sets in the west.
13. When bees sting they leave their sting in.
14. Mallards can swim.
15. Some birds eat small mammals.
16. A hedgehog has about 5000 spines.
17. A mouse can communicate its feelings with its facial expression.
18. Ants are a favourite food for woodpeckers.
19. A young tree is called a sapling.
20. Moles paralyse worms and insects with poison in their saliva.

ANSWERS BROWNIE QUIZ - Section 2, Fun and Games

1. There are seeds inside fir cones.
True
2. Insects pollinate flowers.
True
3. All weeds are called dandelions.
False there are lots of different plants that gardeners call weeds.
4. Humans can eat all berries.
False, some berries are poisonous to humans. Do not eat berries you find.
5. Deciduous trees keep their leaves all year.
False, they drop their leaves in autumn.
6. Many birds emigrate for the winter.
False (humans emigrate long term, birds migrate for the winter)
7. Grey squirrels hibernate.
False
8. Tulips are red.
False, they come in a variety of colours.
9. We plant tubers to grow daffodils.
False, we plant bulbs to grow daffodils.
10. Owls have their eyes on the front of their faces.
True
11. The Great Bear is a constellation.
True, this constellation is also known as The Plough.
12. The sun sets in the west.
True
13. When bees sting they leave their sting in.
True
14. Mallards can swim.
True
15. Some birds eat small mammals.
True
16. A hedgehog has about 5000 spines.
True
17. A mouse can communicate its feelings with its facial expression.
True
18. Ants are a favourite food for woodpeckers.
True
19. A young tree is called a bush.
False
20. Moles paralyse worms and insects with poison in their saliva.
True

GUIDE QUIZ - SECTION 2, Fun and Games

1. Which side of a tree trunk does moss often grow?
 - A south facing
 - B north facing
 - C west facing
2. What time is the sun directly overhead in summer?
 - A 3pm
 - B 12 noon
 - C 1pm
3. Which is not a constellation?
 - A The Wagon
 - B The Plough
 - C Cassiopeia
4. What is directly opposite south east?
 - A North East
 - B South West
 - C North West
5. Which scale measures the wind speed?
 - A Beaufort
 - B Centigrade
 - C Pentatonic
6. Which tree drops its needles in winter?
 - A Douglas Fir
 - B Scots Pine
 - C Larch
7. Which bush is known as a bramble?
 - A Blackcurrant
 - B Blackberry
 - C Red Currant
8. Which tree grows red berries?
 - A Oak
 - B Rowan
 - C Silver Birch
9. Which bird has its eyes on the front of its face?
 - A eagle
 - B buzzard
 - C owl
10. When is the dawn chorus?
 - A in the evening
 - B in the morning
 - C at midday

ANSWERS, GUIDE QUIZ - SECTION 2, Fun and Games

1. Which side of a tree trunk does moss often grow?
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 - A **The Wagon**
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SECTION 3 - OUTDOOR SKILLS

10. Fire lighting

scoutingresources.org.uk (click - camping then fires)

11. Tent pitching

scoutingresources.org.uk (click - camping then tents)

12. Cooking without utensils

9thhuddersfieldscouts.org.uk/Scouting/Scoutcraft/Cooking/Backwoods

SECTION 4 - NATURAL ENVIRONMENT

13. Natural Environment

See websites for -

Sefton Council

RSPB

Liverpool Parks and Green Spaces

Wildfowl and Wetlands Trust

Lancashire Wildlife Trust

National Trust

Merseyside's National Nature Reserves

Lancashire, Manchester and North Merseyside Wildlife Trust

St Helen's Park Preservation Society

Knowsley Council Parks and Green Spaces

14. Smoke Prints (Grease the flat surface of an enamel or metal plate. Hold it in a candle flame so as the plate becomes smoky black. Lay the underside of a leaf or fern on the blackened surface, cover with a piece paper and rub over. Carefully remove the leaf from the plate and gently lay the blackened surface on a sheet of clean paper. Again cover with a sheet of paper and rub over. Remove paper and leaf. You now have your print.

15. Hapa zome (hammering natural dyes)

tutordiana.blogspot.co.uk (click on hapa zome)

SECTION 5 - South West Lancashire

16. Places of interest to visit in South West Lancashire

St Helens - World of Glass

Transport Museum

Knowsley Safari Park

Prescot Museum

Catalyst Museum, Runcorn

Liverpool - Cathedrals

World Museum

Maritime Museum

Beatles Museum

Speke Hall (National Trust)

Liverpool and Everton Football clubs

St George's Hall Heritage Museum

Red Bus Tour

Sudley House

Southport- Miniature Railway and Pier

West Lancashire - Martin Mere (Wildlife and Wetlands Trust)

Rufford Hall (National Trust)

17. Recipes

Hot Pot bbc.co.uk/food/hotpot click Nigel Slater's Lancashire hotpot

deliaonline.com/recipes/international/european/british/traditional-lancashire-hotpot

Scouse allrecipes.co.uk/recipe/24961/proper-scouse

mydish.co.uk search scouse

Woolton Pie recipespastandpresent.org.uk/wartime/?tag=woolton-pie

Liverpool tart or Judy cake

en.wikipedia.org/wiki/Liverpool_Tart

myweb.tiscali.co.uk/gerry.jones/judytart.html

18. Lancashire Rose

